

**(a) Physical Standard Test (PST) and Physical Efficiency Test (PET):-**

- (i) At the very beginning of the recruitment process, candidates will be asked to go through the height bar and thereby, candidates with lesser height will get eliminated.
- (ii) Those candidates who qualify in height bar test will be put through the Physical Efficiency Test (PET) which will be as under:-

Event	Male	Female
Race	5 Kilometers race to be completed within 24 minutes.	1.6 Kilometers race to be completed within 8.30 minutes.

- (iii) Those candidates who qualify in PET will be subject to bio-matric identification & screening of testimonials/documents and thereon chest (applicable to male candidates only) and weight measurement by the Board. The candidates who do not fulfill the laid down physical standards will be eliminated from recruitment process. **However, elimination on grounds of weight will be done at the time of medical examination only.**
- (iv) Pregnancy at the time of PET will be considered as disqualification and pregnant female candidates shall be rejected at this stage.
- (v) Original documents/testimonials of candidates will be checked by the Board of Officers and only eligible candidates will go to the next stage.

**Note -I : No physical efficiency test will be held for Ex-Servicemen.**

**Note-II : PET will be only qualifying in nature and it will not carry any marks.**

**(b) TRADE TEST :-**

The candidates who qualify in the PST, PET & Documentation will be put through the respective Trade Test. **Each candidate will be allowed to appear for one trade test only. The Trade test will be qualifying in nature and it will not carry any marks.** The requisite skill/qualification for each trade are as under :-

- i) **Cobbler** : Polishing of shoes, handling tools, cutting of leather, repair & stitching of shoes.
- ii) **Tailor** : Taking measurement of persons, cutting of cloth and Stitching of uniform.
- iii) **Carpenter** : Handling tools, cutting of wood, fitting, polishing and Finishing of materials.
- iv) **Cook** : Cooking of Chappatti & Rice, Cooking of vegetable/Dal/Sambhar/Idli etc. for 100 men, cooking of meat/fish/egg/kheer.
- v) **Water Carrier** : Washing of utensils, kneading of Atta for making chappattis for about 100 men and cutting of vegetable etc.
- vi) **Washer man** : Washing of clothes, Ironing of Khaki, Cotton uniform, woolen and TC uniform.

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- vii) **Barber** : Handling of tools, haircutting and shaving.
- viii) **Sweeper** : Sweeping, cleaning of toilets and bathroom etc.
- ix) **Waiter** : Hygiene/sanitation, servicing of foods and allied matters.

**(B) SECOND PHASE OF EXAMINATION**

**WRITTEN TEST for 100 marks :-**

- (i) Successful candidate in the first phase examination i.e. PST, PET, Documentation and Trade Test will be called to appear in second phase of examination i.e. Written test which will be communicated to the candidates through admit card.
- (ii) The Written Test for 100 marks containing 100 questions (qualifying marks 35% for Gen Category & Ex-Servicemen and 33% for SC/ST/OBC) will consist of only OMR based objective type multiple choice questions to be answered using a **Blue or Black ball point pen only**.
- (iii) While all the question papers in an examination may contain the same set of questions, the question papers may be in different series, which will have the questions in different order.
- (iv) The question paper will consist of one objective type paper containing 100 questions carrying 100 marks with the following composition:-

S. No.	Subject	Number of questions	Maximum marks	Duration/ Time allowed
1.	General Awareness / General knowledge	25	25	2 Hours (120 Minutes)
2.	Knowledge of elementary mathematics	25	25	
3.	Analytical aptitude and ability to observe the distinguished patterns	25	25	
4.	Basic knowledge of the candidates in English/Hindi	25	25	

- (v) All questions will be of objective multiple choice type. The papers can be answered either in Hindi or in English. The standard of the question should commensurate with the knowledge expected from a class-10<sup>th</sup> pass candidate.
- (vi) OMR Answer Sheet should be filled up by candidates correctly with Blue or Black ball point Pen only as per instructions given in OMR Answer Sheet.
- (vi) **All candidates are required to fill and shade, name, roll number, date of birth, language, Post/Trade, category and question booklet series code given in the OMR sheet because these informations are essential for evaluation of the answer sheet. Ovals as printed against each should be shaded properly, otherwise OMR sheets of candidates may not be evaluated by scanner machine and he/she will be declared fail for which candidate will himself/herself be responsible for such mistakes. No change/cutting/overwriting is permitted. Correction fluid should not be used. Hence the ovals should be filled carefully.**

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**(C) THIRD PHASE EXAMINATION****(a) Detailed Medical Examination:-**

- (i) The candidates who qualify all the above stages i.e. PST, PET, Documentation, Trade Test and Written test will put through Detailed Medical Examination (DME) which will be carried out by Medical Board of Officers to assess their physical & medical fitness.
- (ii) The medical examination of candidates will be carried out as per revised uniform medical guidelines issued by MHA vide UO No. A.VI-1/2014-Rectt(SSB) dated 20.05.2015 as amended from time to time. The candidates must not have knock knees, flat foot, varicose vein or squint in eyes.
- (iii) Candidates have to qualify all the stages of the third phase examination one by one. Any candidate not qualified any of the stage of examination, he/she will be eliminated from the recruitment process.
- (iv) Candidates having Tattoos will be considered as per following instructions:-
  - (a) **Content:** Being a secular country, the religious sentiments of our countrymen are to be respected and thus, tattoos depicting religious symbol or figures and the name as followed in Indian Army are to be permitted.
  - (b) **Location:** Tattoos marked on traditional sites of the body like inner aspect of forearm but only left forearm, being non saluting limb or dorsum of the hands are to be allowed.
  - (c) **Size:** Size must be less than  $\frac{1}{4}$  of the particular part (Elbow or Hand) of the body.
  - (d) **In case a candidate has undergone removal of tattoo(s) prior to appearing for recruitment process and the same has faded substantially, this will be treated as a "scar" and not a tattoo. Such candidates will be permitted to undergo the entire selection process with the approval of Presiding Officer of the recruitment Board. Further, the scar resulting due to removal of tattoo will be reviewed by the Medical Board of Officer during Detailed Medical Examination".**
- (v) Candidates will be called for medical examination in order of merit. Such candidates will be called till such time all vacancies in their respective categories are filled up.
- (vi) **For female candidates only:** In case of medical examination, "**Temporary Unfitness**" will not be allowed, however, any such female candidates who during the medical examination is found to be pregnant of twelve weeks or above, she shall be declared temporarily unfit and her appointment will be held in abeyance until the confinement is over.

**(b) Review Medical Examination :-**

- (i) The candidates who are declared Unfit in Detailed Medical Examination (DME) and not satisfied with the findings of the Initial Medical Examination, can submit their appeal within 15 days from the date of medical examination for appearing in **Review Medical Examination**.
- (ii) The appeal must be accompanied with a proof of his/her fitness certificate in the prescribed form with enclosing Demand Draft of **Rs. 25/-**, as a piece of evidence about the possibility of an **error of judgment** in the decision of DME board, who had examined him/her in the first instance.

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